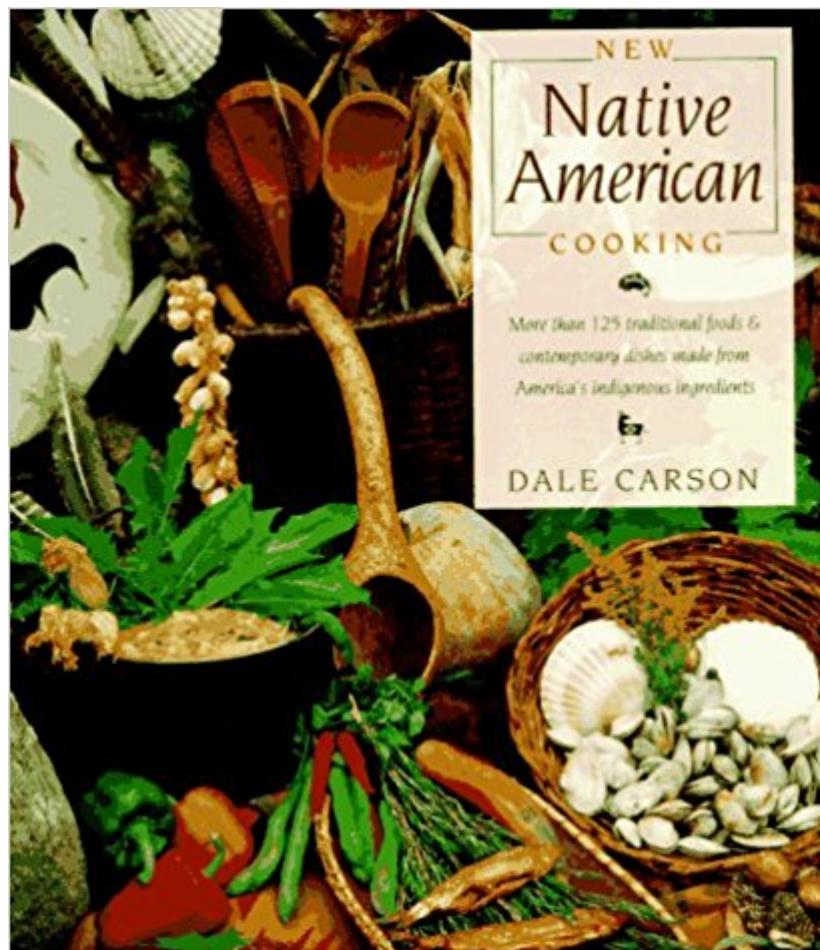


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# New Native American Cooking



## **Synopsis**

Across the country, Native American dishes are cropping up in restaurants and grocery stores. Dale Carson, an Abenaki Indian, captures the growing interest in native cuisine, bringing her heritage to your table with a collection of delicious recipes, each accompanied by notes on its historical background and traditional preparation, as well as ingredient substitution and menu planning tips.

## **Book Information**

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## **Customer Reviews**

Across the country, Native American dishes are cropping up in restaurants and grocery stores. Dale Carson, an Abenaki Indian, captures the growing interest in native cuisine, bringing her heritage to your table with a collection of delicious recipes, each accompanied by notes on its historical background and traditional preparation, as well as ingredient substitution and menu planning tips.

Being a traditionalist Native American, I found that the majority of the recipes in this book were ones you could find in any cookbook. Other than the fry bread recipe (which anyone can find in a dozen places online) there wasn't much Native American about it. I was very disappointed. It begins with dishes such as Oysters on the half shell, stuffed Quahog clams and Mussels with lemon butter. How unique-not. I didn't expect a lot of exotic meats like bear or rabbit, but I did Native American recipes done in a modern way. Where was anything with the three sisters in it, for example? I wouldn't waste your money.

I try to cook something native for each of our pot lucks that happen after our tribal council meetings. so far I have had rave reviews for everything I have cooked from Dales book. thank you... Sweet

## Berry Kicks Twice NEC Schaghticoke Tribe

Delectable delicacies from an Abenaki chef, with many years cooking traditional foods from various tribal cultures. It's rare to find such a variety of good healthy foods and diverse Native culture woven in - from Indian Country more specifically from someone of my own tribe. Dale Carson rocks it! A must for every kitchen - for those who wish to know indigenous recipes and foods of their ancestors!

I borrowed the book and loved it! I especially loved her online article about sunchokes. I'm from Maine and am part Abenaki. My heart is full blooded. Native American Cuisine is as local, as local gets.

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